

# UNITY DAY 2012

Tradition One: Our Personal Recovery Depends Upon OA Unity

When: February 25, 2012 9 am to 3 pm

St. George's Episcopal Church

915 N. Oakland Street

Arlington, VA 22203

EVENT CONTACT: MARIA BUCKLEY loveyalady@yahoo.com

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Members from the Northern VA, DC Metro, Annapolis, Baltimore and Blue Ridge Intergroups come together to celebrate the traditions of Overeaters Anonymous

9AM Opening Speaker- Tradition One

10 am Panel Workshop- Food Plans

11 Am Panel – Sponsorship

NOON TO 1 PM BROWN BAG LUNCH

1 PM Workshops

Recovery from Relapse

OR

We Can't Afford To Be Bored- Keeping it strong day after day

2 PM Closing Speaker- Spirituality and the Traditions

Suggested Donation is \$10